

These 10 Valley movers and shakers are superwomen in the true sense of the word. Although they span a spectrum of industries - politics, medicine, education, sports, beauty, business, nonprofit - what commonalities do they share?

Well nearly all of them laughed when asked about achieving balance in their lives; the recurring response was, 'I do my best.' And did we mention, they're all committed to giving back, through their favorite charities or with a strong focus on others (employees, customers, community). Whether contributing their time and talent to a cause or leading our Valley organizations to a proverbial (and sometimes literal) victory, these 10 women inspire us all.

The ten multi-faceted, talented and committed ladies are:

Elizabeth D. Capaldi- University Provost and Executive Vice President of ASU

Ann Meyers Drysdale- General Manager of Phoenix Mercury and Vice President of the Phoenix Suns

Chevy Humphrey- president and CEO of the Arizona Science Center

Dr. Eleonor "Connie" Mariano- former Physician to the President

Carrie Martz- owner of marketing firm The Martz Agency and philanthropist

Darcy Renfro- policy advisor to the Governor for Economic Development and Higher Education

Rachel Sacco- President and CEO of Scottsdale Convention and Visitor's Bureau

Kay Thompson- 2006 Outstanding Lifetime Volunteer Award winner for Susan G. Komen Race for the Cure

Pamala Plummer Wright- National Executive Director of Not MY Kid.

Mary Beth York- founder of organic beauty line M.B. York