

## Featured Chef: Mel Mecinas

Written by Arizona Foothills Magazine

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### Featured Chef: Mel Mecinas of Talavera at Four Seasons Resort Scottsdale at Troon North



*Photography by Jackie Mercandetti*

**How did you get your start in the restaurant business?**

I started at very young age in the restaurant that my father was working at in 1987.

**What is your favorite Valley restaurant, besides your own?**

Binkley's.

**What is your favorite dish at your restaurant?**

Seared Chilean sea bass with potato risotto and braised oxtail.

**What is the most memorable meal you've ever had?**

Johri's Talvo, a two Michelin Star restaurant in St. Moritz, Switzerland.

**If you could have anyone visit your restaurant, who would it be?**

All of the neighbors.

**Name three ingredients that you have at home at all times.**

Haricot vert, salmon and avocado.

**What is your favorite bottle of wine or cocktail?**

Insignia, Joseph Phelps 1995.

**What do you like to do in your free time?**

I spend all my free time with my kids.

[Click here for information about Talavera at Four Seasons Resort Scottsdale at Troon North.](#)