

Weekend Brunch in Central Phoenix

Written by Rachel Roland

Rachel Roland is a mom on a mission - exploring beautiful Arizona (and beyond!) with her two little companions, Jeremiah and Sarah, in search of the best restaurants, attractions, and products for you and your children. See what she has in store for your family today!



Breakfast is not only the most important, but often the most delicious meal of the day - especially if you stop in at the central Phoenix dining spot [St. Francis](#) for their weekend brunch. I love St. Francis for their use of fresh, local ingredients, as well as their family-friendly attitude and funky, hip atmosphere. We stopped recently for their weekend brunch, which runs Saturday from 10am-2:30pm and Sunday 9am-2:30pm.



When we arrived, there was a jazz trio performing and it lent such a fun aspect to our meal - Jeremiah and Sarah loved it! We also love that kids always eat free at St. Francis - and it's not your 'typical' kids meal fare - as you can see above, we ordered the pancake (which was filled with chocolate chips and humongous!) as well as their fruit salad - they split both, and we had some leftover. Jeremiah and Sarah loved the pomegranate seeds in the fruit salad. (Children can also order scrambled eggs with toast, too!)



Besides the chocolate chip pancakes (that were fabulous!) and fruit, I also ordered the Eggs Benedict with prosciutto (there are also avocado and smoked salmon options). The eggs bennie, my favorite breakfast dish by far, had rich hollandaise that had just the perfect touch of lemon, and the crispy potatoes served with it were a perfect accompaniment. Jeremiah and Sarah loved the pancakes - both gave them a thumbs up!

In addition to great brunch options, you can always order espresso, cappuccino, and coffee from Cartel's in Phoenix, as well as classic brunch favorites - the St. Francis bloody mary and a mimosa.

St. Francis is located just east of Central on Camelback Rd in Phoenix, and besides their must-have brunch, they also serve lunch and dinner - this is a great date spot, lunch spot, etc - and I can't recommend the brunch enough!



Photo courtesy [Red Phoenix Photography](#)

I'm Rachel - a mom, wife, and 'green' blogger at [Small Steps On Our Journey](#). If you want me to come visit your place of business, have any questions on this article or suggestions for a future article, you can email me at rroland@azfoothills.com, tweet me at [@rachelroland](#), or connect with me on [Facebook](#).

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