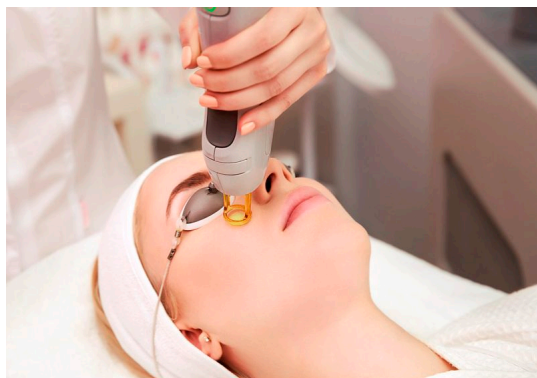


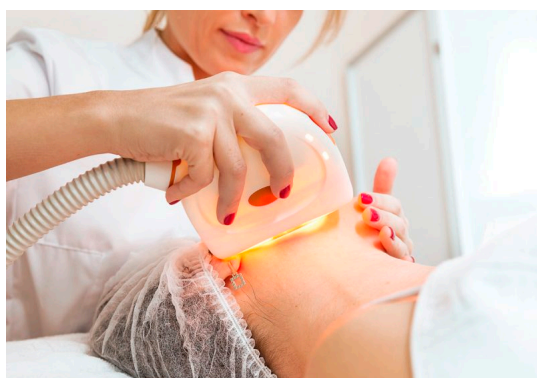
Shining a Light on Laser Treatments

Written by Dr. Maggie Husami

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Lasers are bringing new heat to beauty and skincare, allowing aesthetic practitioners to reach deep into the dermis of the skin to allow the natural healing process of the body to produce fresh, healthy skin and stimulate natural collagen production. There are several different types of lasers on the market that can provide you anything from a picture-perfect glow to hair removal. Below are some helpful tips to help you discover the best laser for your skin type or need.



Intense Pulsed Light Photofacial

If you are looking to address pigment issues from your days in the sun, such as brown spots, sun damage, red spots and rosacea, this powerful laser treatment can be done on your face, neck, chest, hands, shoulders, legs and arms. For best results, three to five treatments are typically recommended, about four weeks apart, and can provide your skin with a healthy glow without the sun exposure.

Laser Genesis

This is a laser that stimulates the body's natural healing processes to boost collagen growth. It results in a more youthful skin tone and texture to help turn back the clock on aging and acne scars. Laser Genesis restores skin tone and treats fine lines, wrinkles, redness, scars, large pores and active acne. The treatment usually requires about three to five procedures, depending on the desired effects, but has zero downtime or recovery. Results and benefits are seen over time, with optimal results being seen around the six-month period.

Active FX CO2 Laser Resurfacing

This laser gets deep and acts as the ultimate time machine to improve the tone, texture and tightness of the skin, by smoothing acne scars, removing sun damage, shrinking pores and reducing the appearance of fine lines and wrinkles. This laser produces dramatic results and removes about five years of damage and age from your skin in one treatment. It can be done on your face, neck, chest and back.

Laser Hair Removal

Say goodbye to your razor with this noninvasive treatment that gets rid of unwanted hair from just about every part of the body. The number of treatments required for optimal results will depend on your skin type and the color of the hair being treated. The minimum number of treatments for any hair type is six treatments spaced about four to six weeks apart.

FemTouch

This minimally invasive, completely pain-free treatment works to fix stress bladder leakage, restore feminine pH (reducing frequent UTIs), improve natural lubrication and increase sensation. The treatment can also be used to tighten the exterior, taking less than 15 minutes, with minimal down time for "down there." Women no longer have to deal with these unpleasant issues in silence and can improve their quality of life with this simple solution.

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Sun protection and skin care maintenance are essential to the longevity of the results from any laser. Always consult a medical professional before you decide to undergo any type of treatment.

Dr. Maggie Husami is the medical director for Derma Health Skin & Laser. Learn more at dhiskin.com.