

Ideal Day: Anthony Salcito of Salcito Custom Homes

Written by Editorial

Wednesday, 31 August 2016 13:44 - Last Updated Wednesday, 31 August 2016 13:54



A day in the life of Anthony Salcito of Salcito Custom Homes.



4:55 A.M. My iPhone vibrates, and I reach over to see if my wife Rebecca is still in bed or already up and getting ready for hot yoga. I roll out of bed, and take a quick shower.

5:10 A.M. I take my morning vitamins (about 20 or so) and have a quick bowl of oatmeal and some egg whites. I try to be quiet in the kitchen so the kids can sleep for a while still. Until 5:45a.m. or so, I eat and pack up snacks for the day.

5:45 A.M. Back to my room to get ready for the gym. I know Rebecca will be returning at 6:30 a.m. sharp so I get dressed, pack a bag and I am ready to go.

6 A.M. I read my e-mails, check Instagram and my CNBC app. While I am standing in the kitchen, I notice that my 10-year-old's iPhone is no longer on the kitchen counter so I sneak upstairs and peek into his room. He is watching "Big Daddy" on his iPhone. We love Adam Sandler movies, so I lay in bed and watch it with him for about 20 minutes.

6:30 A.M. My guard dog Juliet barks like someone is stealing the entire house so I know Rebecca is home, and I leave for the gym to work out.

7:45 A.M. I drink a protein shake and get ready for the day. I usually get ready at DC Ranch Village Health Club and Spa.

8:30 A.M. Jobsite meeting with a Salcito Custom Homes superintendent in Horseshoe Canyon. We discuss framing details in a home theater.

9:15 A.M. I head to Starbucks to meet a manufacturer's representative for a product that I am interested in for a new design/build project that I am working on in Silverleaf. I order a trenta cold brew. We discuss the product and what I would like to see prepared for a client presentation in late August.

10 A.M. Before I leave Starbucks, I read through my text messages, primarily from framing superintendents. They all text me a very short summary each morning. I return a few phone calls related to that, and I return my son Andre's call. It is summer so he wants to know if he can spend the afternoon with me working.

10:10 A.M. I am on the road on the way to Engel & Völkers' new offices for a morning meeting. I am on the phone discussing maintenance and design/build-related topics on the drive.

11:50 A.M. I arrive at a jobsite meeting to discuss scheduling and phasing trades on a major all-house renovation that Salcito Custom Homes is doing for a repeat client in Paradise Valley.

12 P.M. I call my wife Rebecca last minute to see if she can meet for lunch. Unfortunately she cannot, so I grab a quick Chipotle lunch.

12:45 P.M. I stop by PHX Architecture on my way back up to Silverleaf to review sketches that I intend to forward to Switzerland so that our client has a hard copy in hand for a GoTo Meeting scheduled for later in the week.

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1:30 P.M. I stop at Starbucks to pick up a skinny caramel macchiato for Andre. While in line, I look at my texts, e-mails and Instagram. I can see on Instagram that my longtime friend Michael Dee is currently in Mexico. From the look of his posts, his trips are filled with lots of work and play.

1:45 P.M. I stop by Dale Gardon Design to sign some paperwork for a city submittal.

2 P.M. I pick up Andre at my house, change out my gym bag and grab a snack.

2:15 P.M. Andre and I go to my office on Market Street for an hour. I meet with three key people to review e-mails, meetings, proposals and miscellaneous shop drawings.

3 P.M. Andre and I do a very thorough walkthrough of a custom home design/build project that we have under construction in Upper Canyon. The home is for a young family relocating from New York City.

4:10 P.M. I arrive at Lot 1850—certainly one of the most awesome homes anywhere—and for about 45 to 50 minutes to meet with the homeowners and my property management team. Rebecca is at the house so we talk for a few minutes about tonight, then I am out with Andre at about 4:50 p.m. or so.

5 P.M. Andre and I are back in the car on our way to swimming. I am on the phone briefly with Candelaria Design Group discussing an upcoming project in Paradise Valley. Andre and I talk for the balance of the ride about fun stuff like swimming, the beach, Labor Day in California, etc. I throw in a jab or two about what I nightmare I think Snapchat is.

5:25 P.M. Andre is on time for swimming, and he goes in for knuckles and I give him a big hug.

5:45 P.M. I do a quick workout (super basic cardio) while I read my e-mails at DC Ranch Village Health Club and Spa. I shower, steam and then pick up Andre from swimming. We rush to pick up Beau from gymnastics.

7:35 P.M. Round two at Chipotle, this time with my boys. We eat at home with Rebecca. She was at round two of hot yoga and gets home around the same time.

8 P.M. The boys play on the trampoline or do something creative like making slime or trying to sell each other their Legos. Rebecca and I cuddle up and watch "The Blacklist" with our dogs, Romeo and Juliet.

9:45 P.M. I say goodnight to Rebecca. She usually walks the boys upstairs and then goes to sleep. I watch one more episode of the "The Blacklist."

10:30 P.M. I go upstairs and check on the boys, drink a shake and then go to bed. Nighty night!